

Tirpude College of Social Work (Autonomous), Nagpur

Affiliated to

Rashtrasant Tukadoji Maharaj Nagpur University

Faculty of Humanities
Master of Social Work Semester I Syllabus
(Semester Pattern)

Academic Session: 2024-2025

Master of Social Work (MSW) Semester I

S. N.	Title of the Paper	Total Hours	Credits	Total Marks
1	Major - Perspectives of Social Work Practice	60 hours	04	100
2	Major - Social Case Work	60 Hours	04	100
3	Major - Social Group Work	60 Hours	04	100
4	Minor – Sociology	30 Hours	02	50
5	Minor – Psychology	30 Hours	02	50
6	Social Work Practicum (Total: 194 hrs) Orientation & Observational Visits–05 Visits (10 hours; 10 Marks) Skill labs (5) - 15 Marks Orientation on CPL - 05 Marks Concurrent practice learning & class room presentations (184 hours; 50 Marks) Internal viva voce (20Marks)	194 hour	04	100
7	Skill Labs, Seminars and Workshop (FAP – CGSCC & WDC)	15 hours	01	25
8	NSS	15 hours	01	25
	Total	464	22	550

Master of Social Work (MSW) Semester - I
Perspectives of Social Work Practice
Paper I (1T1)
Discipline Specific Core (DSC) – Major

Credits: 04
Total Marks: 100

Theory: 80 Marks
Internal Assessment: 20 Marks

Learner's Objectives:

1. To understand the concept, definition, objectives, functions, fields and methods of social work.
2. To develop knowledge of historical development of professional social work education in India and abroad.
3. To understand the approaches to professional social work practice in India.
4. To develop understanding about the various social movements and perspectives of social work practice in India.

Unit I: Concept of Professional Social Work: Concept, Definition, Objectives, Functions and Values of Social Work, Code of Professional Ethics, Brief introduction to Methods of Social Work. Fields of social work. Introduction of Professional Organizations: National Association for Professional Social Work in India (NAPSWI), International Federation of Social Workers (IFSW), Maharashtra State Social Work Educator (MASWE), Draft Bill of National Council of Social Work Education 2020.

Unit II: Development of Social Work education in India and Abroad: Evolution of Social work education in India: Training in social work education; objectives, Nature, Content of Social Work Education, Social Work Practicum -component, supervision and evaluation. International Social work education: Training in social work Education, Objectives, Nature, Content of Social Work

Unit III: Concepts and Approaches to Social Work Practice: Concepts: Social welfare, Social Service, Human Rights, Empowerment. Approaches to social work -Therapeutic approach, social development approach, Conflict oriented approach, Integrated method approach, strength-based approach, Remedial social work, Development oriented social work

Unit IV: Perspectives of Social Work Practice in India: Social reform movements, Gandhian approach, Marxist perspectives, Feminist perspective Social movements and development perspectives- Dalit movements, Tribal movements, Peasant movements, Naxalite movements, Environment and Ecological movements, Movements of project affected persons.

Internal Assessment:

- Seminar on impact of ideology of religion (Hindu/Christian/Buddhism/Islam/Jainism)
- Presentation on contribution of social reformers for social justice: Jyotiba Phule Chhatrapati Shahu Maharaj Dr Babasaheb Ambedkar, Vinoba Bhave etc.

Learning Outcome:

1. Student will understand the concept, definition, objectives, functions, fields and methods of social work.
2. Student will develop knowledge of historical development of professional social work education in India and abroad.
3. Student will understand the approaches to professional social work practice in India.
4. Student will develop understanding about the various social movements and perspectives of social work practice in India.

Recommended Readings:

1. Batra, Nitin (2004) Dynamics of Social Work in India, Jaipur: Raj Publishing House.
2. Bhattacharya, Integrated Approach to Social Work in India, Jaipur: Raj Publishing House.
3. Bradford, W. Sheafor, Charles, R. Horejsi, Gloria A. - Fourth Edition (1997) Techniques and Guidelines for Social Work, London : Allyn and Bacon, A Viacom Company.
4. Dasgupta, Sugata (1964) Towards a Philosophy of Social Work in India, New Delhi: Popular Book Services.
5. Desai, Murali (2002) Ideologies and Social Work: Historical and Contemporary Analysis, Jaipur: Rawat Publication.
6. Diwakar, V. D. (1991) Social Reform Movement in India, Mumbai: Popular Prakashan.
7. Dubois, Brenda, Krogsrud, Karla, Micky - Third Edition (1999) Social Work - An Empowering Profession, London: Allyn and Bacon.
8. Feibleman, J.K. (1986) Understanding Philosophy - A Popular History of Ideas, New York: Souvenir Press.
9. Fink, Arthur E., Wilson, Everett E. - Third Edition (1959) The Fields of Social Work, New York: Henry Holt and Company.
10. Friedlander, Walter A. (1977) Concepts and Methods of Social Work, New Delhi: Prentice Hall of India Pvt. Ltd.
11. Nair, T. Krishnan (1981) Social Work Education and Social Work Practice in India, Madras : Association of School of Social Work in India
12. Rameshwari, Devi and Ravi Prakash (2000) Social Work Practice, Jaipur: Mangal Deep Publications.
13. Roy, Bailey and Phil, Lee (1982) Theory and Practice in Social Work, London: Oxford Pub. Ltd.
14. Sheldon, B., & Macdonald, G., (2010) A Textbook of Social Work, London: Routledge.
15. Singh, R.R. (1985) Field Work in Social Work Education, A Perspective for Human Service Profession, New Delhi : Concept Publishing Company.
16. Wadia, A. R. (Ed.) (1961) History and Philosophy of Social Work in India, Bombay: II Allied Publisher Private Ltd

Master of Social Work (MSW) Semester - I
Social Case Work
Paper - II (1T2)
Discipline Specific Core (DSC) – Major

Credits: 04
Total Marks: 100

Theory: 80 Marks
Internal Assessment: 20 Marks

Learner's Objectives:

1. To understand the case work method and its application in practice
2. To equip learners with the theoretical knowledge for work with individuals and families
3. To develop competencies in learners to use the method in practice while working with Individual clients and families.
4. To equip learners with values and skills necessary for working with individuals and families.

Unit I: Case work as a Method of Social Work: Case work as a method of social work and its history, Definition, concept & importance of Case work , Components of casework, Values & Principles of Case Work, ; Nature of problems faced by individuals and families , Roles of caseworker.

Unit II: The process of Intervention: Process of case work – Study, Continuous assessment and analysis, Psycho-social diagnosis, Intervention, Follow-up, Termination. Models of case work: Social diagnosis (Richmond), Psycho-social model (Gordon Hamilton), Problem solving (Perlman), Crisis intervention (Rapaport) ; Skills for working with individuals and families.

Unit III: Tools & technique of Case Work (Working with Individuals and Families): Intake-record/sheet and the intake interview, Home visit-collateral contacts; referrals , Recording and its types – narrative, process, summary Recording, Use of casework records as a tool of intervention, Case worker–client relationship, Knowledge of resources and networking. Communication-verbal, non- verbal, Techniques for working with individuals and families -supportive, resource enhancement &counseling.

Unit IV: Approaches to Case Work- Psychoanalysis, Behavior modification approach, Functional approach, Holistic (eclectic), Integrated approach (micro to macro), case work practice in various settings, Limitations of the method, conflicts and dilemmas in working with individuals and families.

Internal Assessment:

- Written assignment related to the theory paper.
- Case presentation.

Learning Outcome:

1. Understood the case work method and its application in practice

2. Equipped learners with the theoretical knowledge for work with individuals and families
3. Developed competencies in learners to use the method in practice while working with Individual clients and families.
4. Equipped learners with values and skills necessary for working with individuals and families.

Recommended Readings:

1. Aptekar, Herbert (1955) *The Dynamics of Case work and Counseling*, New York: Houghton Mifflin Co.
2. Babara, J.G. (1991) *Beyond Case Work*, London. Biestek, Felix (1968)
3. *The Case work Relationship*, London :Unwin University Book.
4. Fisher, Joe (1978) *Effective Case Work Practice– An electric approach*, New York: Mac-Graw Hill.
5. Garrett, Annett (1972) *Interviewing– Its Principles a Methods*, Family Service Association of America, New York.
6. Government of India (1987) *Encyclopedia in Social Work*, New Delhi: Publication Division (Social Welfare Ministry).
7. Hamilton, Gordon (1970) *The New York School of Social Work: Theory and Practice of Social Case Work*, New York and London: Columbia University Press
8. Holis, Florence and Woods, Mary E. (1981) *Casework A Psychosocial Therapy*, New York: Random House.
9. Kadushin, Alfred (1990) *The Social Work Interview* , New York: Colulmbia University
10. Keats, Daphne (2002) *Interviewing– A Practical Guide for Students and Professionals*, New Delhi: Viva Books Pvt. Ltd.
11. Lishman, Joyce (1994) *Communication in Social Work*, New York: Palgrave MacMillan.
12. Mathew Grace (1992) *An Introduction to Social Case Work*, Bombay: Tata Institute of Social Sciences.
13. Nelson Jones, Richard, (1984) *Practical Counselling and Helping Skills*, London: Harper and Row.
14. Nursten, Jean (1974) *Process of Case Work*, Pitman Pubhishing Corporation.
15. O'Hagan, Kieran, et al (2003) *Competence in Social Work Practice– A Practical Guide for Professionals*, London.
16. Perlman, Helen Harris (1964) *Social Case Work– A Problem Solving Process*, London : University of Chicago Press.
17. Rameshwari Devi, Ravi Prakash (2004) *Social Work Methods, Practice and Perspectives (Models of Case work Practice)*, Vol. II, Ch.3, Jaipur: Mangal Deep Publication.
18. Richmond, Mary (1970) *Social Diagnosis*, New York: Free Press.
19. Sena, Fine & Glass, Paul H. (1966) *The First Helping Interview Engaging the Client & Building Trust*, New York: Sage Publications.
20. Sheafor, Bradford, Horejsi, Charles, Horejsi, Gloria, (1997) *Techniques and Guide lines for Social Work Practice*, London :Allyn and Bacon.
21. Thompson, Neil (2006 2nd Ed.) *People Skills* , New York: Palgrave Macmillan.
21. Timms, Noel (1966) *Social Case Work*, London :Routledge & Kegan Paul.

Master of Social Work (MSW) Semester - I
Social Group Work
Paper - III (1T3)
Discipline Specific Core (DSC) – Major

Credits: 04
Total Marks: 100

Theory: 80 Marks
Internal Assessment: 20 Marks

Learner's Objectives:

1. To understand of group work as a method of professional social work
2. To learn theoretical approaches to group work practice
3. Understand use of programme as a tool for group development.
4. Develop skills to work in different stages and record the process.

Unit I : Working with Groups : Concept of group and its importance in human life cycle; Concept , definition, purpose, characteristics of social group work, assumptions, philosophy and values, fields of group work. Distinctive principles of Social Group Work, History and development of social group work. Types of groups in practices – open and closed groups, social treatment groups, task-oriented groups, developmental groups.

Unit II: Group Work Process: Steps in group formation. Stages in group development: pre-group stage, orientation stage, problem solving stage, termination stage; Role of social worker in different stages of group development. Theories applicable to group work practice (Psychoanalytic, Learning, Field, Social Exchange, Systems theories).

Unit III: Group Dynamics and Techniques in Group Work: Steps in group process, analysis of group interaction, Leadership and its development in group process; Communication in group. Group dynamics: Group bond, sub-groups, group conflict, confrontation, apathy and group control, Use of relationship, Conflict resolution, Verbal and non-verbal communication, Purposeful creation of environment, Fish bowl technique, Role of social worker in different stages of group development.

Unit IV: Skills in Group Work: Skills of Group Worker for group development, programme planning and implementation. Concept & importance of programme in group work practice. Principles of programme planning, Use of program as a tool – various media (e.g. action songs, simulation games, puppets, role/street plays, photo language, documentary/feature films, posters etc.), Group Discussions, Group Meetings and Training Programs.

Group work Recording –Importance, types, techniques, Monitoring and Evaluation: Importance, types & methods of evaluation in group work,

Internal Assessment:

- Workshop on use of media for programs
- Seminar on application of the theories

- Workshop on group dynamics & role of social worker in different stages of group work

Learning Outcome:

1. Understood of group work as a method of professional social work.
2. Learned theoretical approaches to group work practice.
3. Understood use of programme as tool for group development.
4. Developed skills to work in different stages and record the process

Recommended Readings:

1. Bhattacharya, S.(2003). *Social work an integrated approach*. New Delhi: Deep & Deep Publications Pvt. Ltd.
2. Dean H. Hepworth, R. H. (2010). *Theory and skills in social work*. New Delhi: Cengage Learning India Private limited.
3. Garvin, C. D., Galinsky, M. J., & Gutierrez, L. M. (2007). *Handbook of social work with groups*. New Delhi: Rawat Publications.
4. Mishra, P., & Mishra, B. (2008). *Social group work: Theory and practice*. Lucknow: New Royal Book Company.
5. Trecker, H. B. (1955). *Group work foundations & frontiers*. New York: Whiteside Inc & William Morrow & Co.
6. Trecker, H. B. (1970). *Social group work: Principles & practice*. New York: Association Press.
7. Siddiqui, H. (2008). *Group work: Theories and practices*. Jaipur: Rawat Publications. A Hand Book of Social Work with Groups, Rawat Publication
8. Gravin, Charles D (1981) *Contemporary Group Work*, New Jersey : Prentice-Hard-ING 11. Heap, Ken 1(985) *The Practices of Social Work with Groups- Systematic Approach*, UK : George Allen & Unwin.
9. Jha, Jainendra Kumar :*Encyclopedia of Social Work*, New Delhi : Anmol Publications Pvt. Ltd. 13. Shaw, Marllin E. (2nd Ed.) *Group Dynamics*, New Delhi

Master of Social Work (MSW) Semester - I
Sociology
Paper - IV (1T4)
Discipline Specific Elective (DSE) – Minor

Credits: 02
Total Marks: 50

Theory: 40 Marks
Internal Assessment: 10 Marks

Learner's Objectives:

1. To provide insight about the subject sociology as a science of society.
2. To enable the students to understand the basic concepts of sociology.
3. To provide the knowledge about social structure, socialization, and culture.

Unit I: Sociology and Indian Society: Sociology: meaning, definition, importance. Indian Society: Rural, Urban & Tribal community: meaning and characteristics.

Unit II: Society, Social Structure and Social Group: Society: meaning, characteristics. Social Structure: meaning, elements. Social Group: meaning, characteristics of primary groups, secondary groups, reference group.

Unit III: Social institutions, Social control and Social change: Characteristics and functions of social institutions (Family, Marriage, Religion). Social control: meaning. Social change: meaning, factors of social change (technological).

Unit IV: Socialization, culture, social stratification, social mobility and social movement: Socialization: agents, stages. Elements of culture, values, norms. Social stratification: meaning, functions. Social mobility: meaning. Social movement: meaning.

Internal Assessment:

- Written assignment related to the theory paper.

Learning Outcome:

1. Students will be provided insight about the subject sociology as a science of society.
2. Students will be enabled the students to understand the basic concepts of sociology.
3. Students will be provided the knowledge about social structure, socialization, and culture.

Master of Social Work (MSW) Semester - I
Psychology
Paper - V (1T5)
Discipline Specific Elective (DSE) – Minor

Credits: 02
Total Marks: 50

Theory: 40 Marks
Internal Assessment: 10 Marks

Learner's Objectives:

1. Understand the fundamental components of human behavior.
2. Gain insight into factors contributing to development of personality.
3. Understand growth and development of individual at various stages in the life span.
4. Understand the concepts of normal behavior and mental illness and know about its treatment.

Unit I: Nature and Scope of Human Behavior: Psychology- Origin and definitions of Psychology. Factors influencing human behavior- Heredity & Environment. Branches of psychology. Abnormal, Clinical, Industrial, Experimental, Developmental, Educational psychology, Child and Adult Psychology. Social Psychology. Psychology and Professional.

Unit II: Introduction to Psychological Processes: Motivation: Definition, Motivational cycle, hierarchy of motives, Conflicts of motives. Emotion: Concept, Emotional Intelligence, Intelligence: Definition, Mental Age and IQ, distribution of IQ in general population. Theories of Learning – Observation, Behavioral approach, Trial and error, Insight learning. Personality –Definition, determinants of personality, measurement.

Unit III: Human Development: Stages of human development –Major tasks, challenges, Freud's Psycho-Sexual Development theory; Erickson's Psycho-social Development theory. **Normality & Mental Illness:** Concept of normality and mental illness, Mental illness: Introduction to classification systems DSM & ICD, treatment of mental illness.

Unit IV: Social Psychology — Attitudes: Definition and nature, Formation of Attitudes, Factors influencing attitudinal changes, Measurement of attitudes- Thurstone's Scaling method and Likert's scaling method. Leadership: Definition, Nature and types of leaders, Traits and functions of leader.

Internal Assessment:

- Workshop on Emotional Intelligence
- Workshop/seminar on any development stage.
- Workshop on Leadership

Learning Outcome:

1. Understood the fundamental components of human behavior.
2. Gained insight into factors contributing to development of personality.
3. Understood growth and development of individual at various stages in the life span.

4. Understood the concepts of normal behavior and mental illness and know about its treatment

Recommended Readings:

1. Clifford, Morgen and King, Richard (1975) Introduction to Psychology, New York : McGraw Hill. Inc.
2. Colman, James C. & Broen William E. (1972) Abnormal Psychology and Modern life, India: D. B. Taraporewala Sons.
3. Gardner, Murphy (1964) An Introduction to Psychology, Calcutta :Oxford and IBH Publishing Co.
4. Gilbreth, L. M. (2007) The Psychology Management, Intellectual Book Bureau
5. Hurlock, Elizabeth (1976) Personality Development, New Delhi: Tata McGraw Hill Publishing Co.Ltd.
6. Mangal, S. K.(2007) General Psychology, New Delhi: Sterling Publisher Pvt. Ltd.
7. Munn, Norman (1962) Introduction to Psychology, Boston :Houghton Mifflin Company
8. Sherif, Muzafer and Sherif, Carolyn W. (1969) Social Psychology, New York: Harper and Row.
9. Gilbreth, L. M. (2007) The Psychology Management, Intellectual Book Bureau

Master of Social Work (MSW) Semester - I
Social Work Practicum
Paper – VI (1P1)
Discipline Specific Core (DSC) – Major

Credits: 04
Total Marks: 100

Theory: 80 Marks
Internal Assessment: 20 Marks

The Social Work Practicum shall comprise of the following components:

Sr. No.	Component	Hrs.	Marks
1	Orientation: General & Observation visit	08	05
2	Observation visits (Five visits from five S.W. fields)	15	10
3	Orientation on CPL	15	05
4	Skill labs Case Work Nature of problems faced by individuals Roles and Skills for case worker. Observation skill, listening skill, interview, Intake-record/sheet and report writing Communication-verbal, non- verbal, Techniques of case work Home visit-collateral contacts; referrals Group Work Steps in group formation, Programme planning and implementation Fish bowl technique. Group work recording techniques	08	05
5	Concurrent Practice Learning (18 days) Case Work (2 cases) Group Work Conference: Individual & Group Mid - Term Evaluation Class room presentation	145	50
6	Final Viva Voce	01	20
	Total	200	100

Master of Social Work (MSW) Semester - I
Skill Labs, Seminars and Workshop - FAP (CGSCC & WDC)
Paper – VII (1P2)
Skill Enhancement Course (SEC)

Credits: 01 (15 Hours)

Marks: 25

Components	Marks Allotted		Hours
	CGSCC	WDC	
Orientations – Two General introduction of FAP About Action plan	02	02	08
Theme based Workshop / Seminar on field action project with documentation	04	04	08
Programs Activities/ (Minimum 2 programs per FAP on relevant themes) with Reels/ Video for each FAP on relevant themes)	04	04	08
Self- Assessment & Report Submission	2.5	2.5	06
	25		30

Master of Social Work (MSW) Semester - I
NSS
Paper – VIII (1P3)
Co-Curricular Activities – (CC)

Credits: 01 (15 Hours)

Marks: 25

Components	Marks Allotted	Hours
Orientation General introduction of NSS About Action plan	05	05
Theme based Workshop / Seminar / Programs with documentation	10	10
Programs / Activities as per University directions of NSS department.	05	10
Reels/ Video for NSS activities on social issues	05	05
	25	30